



Mentoring Program

Rebekah's Learning Library

Books and Research:

- *Five For Your First Five: Own Your Career and Life After College* – Allison E. McWilliams
- *Year One: How Young Professionals (And Their Managers) Can Thrive in Their First Job After College* – Allison E. McWilliams and Katherine Laws
- *First, Break All the Rules: What the World's Greatest Managers Do Differently* – Marcus Buckingham and Curt Coffman
- *The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness* – Jonathan Haidt
- [The Missing Metrics: Emerging Practices for Measuring Students' Relationships and Networks](#) – Christensen Institute

University Career Guides/Supplements:

- [Industries and Career Paths](#) – University of Maryland, College Park
- [UMBC Career Guide](#) – University of Maryland, Baltimore County (UMBC)
- [Career Communities](#) through University of Wisconsin – Madison
- [Identity Wheel](#) (good for when you first meet with your student or mentor)

Websites:

- [MENTOR MD|DC](#) (Research, tutorials, webinars)
- [Mentorist](#) (Allyship for LGBTQ+)
- [MentorPRO](#) (Research, webinars)