Sick of your phone? Join us for:

Tech-less Tuesdays

In the Library!

Study, relax, and be **free of your phone** & other tech for as long as you'd like.

Get crafty and make a button, collage, or friendship bracelet.

Play a solo or group board game, or work on a puzzle.

Unwind and live in the moment with meditation, breathwork, and more.



Nov 24: 12:00
Dec 1: –
Dec 8: 4:00

The Universities AT SHADY GROVE | Priddy Library | Center for Counseling & Well-being | Hire U